Greetings!

Here's a recap of blog posts and other news from the past month.

Happy to report that we've started off the New Year with a bang -- two events, one in Toronto (You and Your Meds: Are They Safe?) and one in New York (RxISK Forum on Rx Drug-Induced Violence) -- were well attended and got good media coverage.

Thank you for your support.

Your feedback, as always, is greatly appreciated.

David Healy, MD

IN THE NEWS...

Dr. Healy talks to Deanna Spingola on Republic Broadcasting Network
Dr Healy talks about problems with prescription drug safety and his new site, RxISK.org. Includes phone in questions to Dr. Healy. Click here to listen. ...»

Dr Healy's interview with Andy Oudman 1290 AM CJBK, London
Dr. David Healy, author of "Pharmageddon," discusses upcoming Toronto event on the risks associated with medications [Read More...]...»

New York city forum on prescription-drug-induced violence
Are common US prescription medications linked to violence? [Read More...]...»

Is your hair on drugs?
Free online tool to check prescription drugs effects on hair... "Long before drug
effects on hair are widely known, hair stylists are likely to be the earliest observers. Truth be told, your hairdresser could tell you a lot about you and the drugs you take..." [Read More]...»

**RxISK STORIES**

**Stevie’s story: Beware osteoporosis drugs**
I thought that my story was a Seroxat story. I thought that I had been duped, once, into taking a drug I probably didn’t need for an illness I probably didn’t have, a drug that damaged my health. I thought I was intelligent and assertive enough that it couldn’t possibly happen to me a second time. But it probably has. Now my story is about alendronic acid and the slow but sure decline of my health and fitness... [Read More]...»

**Carly’s story: Diane and Diana**
I was referred to a psychiatrist for adult ADD when I started my first year at university. I made a passing complaint to my aunt, who is also a GP, over the summer about some occasional acne around my period. She suggested that I try Diane-35. I was also taking dexedrine at the time, but had not had any problems with it... [Read More]...»

**FROM DAVID HEALY’S BLOG...**

**The boy with the ponytail who kicked the hornets’ nest**
In The boy with the ponytail who played with fire, we saw Jan Akerblom struggle up the side of a mountain in his attempt to drop the Ring of Power into Mount Doom. Where others, especially doctors, are seduced by the Precious he isn’t. Why do it - because he saw lives destroyed and wonders [...]...»

**The boy with the ponytail who played with fire**
He is 6’4” at least - 192 cm. He has blonde hair tied back in a ponytail. When he first suggested making a program about SSRIs I was not very helpful - very little of the media coverage by 60 Minutes or anything else has ever seemed to make much of a difference. They may [...]...»

**The girl who was not heard when she cried wolf**
Crusoe was called to see Lisbeth. The girl - young woman was mute and
catatonic by day but after she fell asleep she had nightmares when she wailed piteously, rent her nightdress, walked in her sleep muttering 'the children, the children' or other such phrases. It was a similar pattern each night, the parents said. [...]»

101 uses for a dead journal
There used to be a wonderful cartoon series called 101 Uses for a Dead Cat, which led me 25 years ago to give a talk at a British Association for Psychopharmacology meeting entitled 101 Uses for a Dead Psychiatrist. That was back in the days when Psychopharmacology meetings were places of debate and the British [...]»

The shipwreck of the singular
Crusoe's first appearance was in The Creation of Psychopharmacology, where in recognition of the tensions inherent in medicine between the numerous who enter clinical trials and the single person being treated by a doctor, the book opened with a quote from George Oppen's Of Being Numerous, in which he notes that: "Crusoe we say was [...]»

2012 TOP RxISK STORIES

1. Monica's story: the aftermath of polypsychotherapy
2. Antidepressant withdrawal: V's story
3. How pharma captures bereaved mothers
4. The Myth of the Magic Bullet: Flox Tox
5. Could your meds make you suicidal?
6. Prescription-drug-induced violence medicine's best kept secret?
7. Listening to parents
8. Night of the living cymbalta: B's story
9. Is your hair on drugs?
10. The shipwreck of the singular

RxISK.org

Our mission is to build a collective pool of wisdom on prescription drug side effects and make this data available to everyone to identify problems and solutions.

We need you to report your experience.

Report a drug side effect