

January 2016

Here is a recap of blog posts and other news from the past month.

I am pleased to announce that we have launched <u>RxISK 2.0</u>.

Our goal was to make the website easier-to-use, friendlier, and to remove the requirement to log in. We freshened up our logo and tagline and added new tools and resources, such as:

- Search Drugs A-Z list
- Beers criteria for older adults and Prescrire drugs to avoid
- Improved interaction checker
- Search by side effect

We are temporarily disabling the Report functionality while we finetune it. It will be available in early 2016. Stay tuned.

Thanks to everyone who helped with this project - it is still a work in progress, so please have a look around and <u>send us a note</u> if you have feedback.

Thank you for your support.

Your feedback, as always, is greatly appreciated.

and

David Healy, MD

## **RxISK stories**

#### Is FSM a Treatment for Post-SSRI Sexual Dysfunction (PSSD)?

Towards the end of 2015, we launched a new website dedicated to exploring protracted withdrawal and Post-SSRI Sexual Dysfunction (PSSD). We presented a new hypothesis about the underlying physiology of withdrawal and persisting side effects, and we asked for others to help explore and research the issues. Someone who has been doing exactly [...]...»



#### Greg's Dilemma: Feeling Blue

Magic bullet In Greg's Dilemma 1 and Dilemma 2, Greg outlined more than one dilemma linked to getting hooked to antidepressants and benzodiazepines. The responses to these posts were all over the shop - from pull yourself together, to entrust your life to God, to support for descriptions of positions others find themselves in.[...]...»

#### Greg's Dilemma: Riding a Backwards Bike

Greg's dilemma is one we all share - even John Junig. The easy bit of the dilemma has to do with dependence and withdrawal. Dr Junig's line that he's trained in neuroscience and behavior and can confidently say that Greg's - or anyone else's - difficulties on treatment with benzodiazepines, antidepressants or mood stabilizers, are [...]...»

#### Greg's Dilemma: Riding a Bike Backwards

Last week in Greg's Dilemma, Greg outlined the difficulties he had with dependence on and withdrawal from serotonin reuptake inhibitors and benzodiazepines. The first comment was from a therapist who seemed to say "pull yourself together". This eerily echoed the next part of Greg's dilemma - that could have been posted last week [...]...»

#### Greg's Dilemma

This post on the difficulties of withdrawal comes from Greg. There will be 3 parts to it. In Part 2 Greg gets some standard psychiatric advice and in Part 3, we offer a response to the advice. Way, way down in a hole, there is no feeling Because when you're so far below [...]...»

#### Down These Mean Streets

This post that neatly ties together drug induced violence and dependence and withdrawal, the theme of the next few posts, is by Mickey Nardo. It featured on OneBoringOldMan a few weeks ago. It has a ring of a Raymond Chandler novel. Hence the image and the postscript. It was towards the end of [...]...»



### From David's blog...

#### Pharmaceutical Rape Is Not a Metaphor

This is the first of a 5 part series on Pharmaceutical Rape by Laurie Oakley. We are looking for images to illustrate the series and would welcome any cartoons or other images that are germane to themes below. The first image here is Martin Shkreli, the man who raised the price of Daraprim [...]...»

#### Little Red Stethoscope

To be read in conjunction with Little Red Riding Hood. Once a newly qualified doctor, wearing her red stethoscope, set out to treat an older woman, bringing medicines and the milk of human kindness. As the doctor was walking through the hospital, the medical director came up to her and asked where she was going. [...]...»

#### Little Red Riding Hood

This is the first of a two part piece. Little Red Stethoscope follows. More on the current post can be found in Images of Trauma. A grimm tale The development of psychoanalysis depended heavily on Freud's approach to the interpretation of dreams and myths. Key to these interpretations were his claims about the symbolic nature [...]...»

#### Antidepressants & The Undead

Several of us involved in RxISK monitor other groups setting up to offer information on medicines. Some of these, like eHealthMe, offer useful information sometimes with innovations we wish we had thought of first. The general sales pitch is under the umbrella of Personalized Medicine. As ever pharmaceutical companies are in there early. The Brintellix [...]...»

#### Motivation Is Worth More Than Expertise?

I was asked to MHRA (Britain's FDA) to give a 20 minute presentation on Spontaneous Reporting Systems to a group looking at a birth defect related issue. This is close to what was said - minor items like the HRT trials got lost in delivery. The Slides numbered in the text are attached Here. [...]...»

#### The Ghost of Research Future

This post is by Johanna Ryan. As with all posts by Jo, it unearths angles on

current stories that everyone else seems to have missed. A column here last month followed the legacy of Study 329 into the present. By taking apart one 2015 study of Vraylar, a new antipsychotic, I tried to [...]...»





# Could it be my meds?

Free resources to help you assess the connection between a drug and a side effect.