

#### November 2017

#### Greetings!

Here's a recap of blog posts and other news from the past month.

#### Rational Prescribing and Polypharmacy

I highly encourage you to watch Dr. Dee Mangin's recent talk on rational prescribing and polypharmacy: <u>A troubling pharmaceutical cocktail</u> (8:00).

Dee is the David Braley Chair in Family Medicine at McMaster University in Canada, and this talk was part of "The McMaster Institute for Research on Aging presents The Walrus Talks." She is on Twitter <a href="mailto:open.com/op

As we age we often develop an increasingly complex mix of health conditions, and each one can require yet another prescription. As a result, seniors often take a medley of drugs that can interact with each other and other diseases in harmful ways. This is an invisible crisis for older adults -- one that Dee and her team have been combatting with a methodology and a tool to help reduce the medication burden in seniors. The project has been a great success, and the team is in the process of validating their findings through clinical research studies.

Stay tuned.

#### **RxISK Prize Update**

The latest donation total for the RxISK Prize for a Cure for Post-SSRI

Sexual Dysfunction (PSSD) is just over US\$28,000, with 80 donors from 16 countries. There are 197 countries on earth, and we would love to receive donations from each of them. Can you help by spreading the word?

We now have a growing series of RxISK Prize posts. These will be followed this month by RxISK Map posts.

Thank you for your support.

Your feedback, as always, is greatly appreciated.



David Healy, MD

You can follow RxISK on Twitter <u>@RxISK</u> and me <u>@DrDavidHealy</u>.

# **RxISK stories**

# **RxISK Reformation Day**

Five hundred years ago, Martin Luther nailed a set of theses to a Church door calling time on a scam. A scam that had the backing of the political and religious authorities of the day. When challenged his response was "Here I stand, I can do no other". Today is Reformation Day. The drama in [...]...»



#### RxISK Prize: Stigma and Recovery

This continues the series of posts about the RxISK Prize. It lays the way for the RxISK Prize and Map which will feature next week Stigma PSSD, PFS, PRSD and PGAD come with a heavy burden of stigma. This is a problem AIDS activists met head-on and conquered in an extraordinary fashion. It had never [...]...»

**RxISK Prize: Global Impact** 

Globalization is not a word that's in favor at the moment. In the face of this very recent economic development that seemed to be sweeping the board in the 1980s and 1990s, we now want to reassert national boundaries, hang onto "our" jobs, and keep out others - sometimes those who have done a great [...]...»

# **RxISK Prize: Relationships**

The RxISK Prize campaign has now had over \$10,000 from 51 donations coming from 48 donors in 12 different countries. People from Korea to Argentina are engaging with the issue. We will give more details later in the week. It seems clear that Adverse Events - Drug Wrecks - are a Global Disorder, the greatest single source [...]...»

#### **RxISK Prize: No Nos**

The RxISK Prize throws up one surprise after another. I would have thought as organizations that save lives and pillars of the economy, it should be relatively easy to contact a pharmaceutical company. It isn't. I have lots of contacts in organizations that liaise with pharma and used to have many contacts in pharma but [...]...»

#### RxISK Prize: The Golden Rule

This post follows Launching and How You Can Help which are also now on our Prize page on the Main Menu. Launching the RxISK Prize has been eye opening. Everyone who has donated or will donate will hopefully get some sense of this. If you're not getting it, you need to remember this Prize is yours [...]...»

### RxISK Prize: How You Can Help

As will be clear from some of the helpful comments on the first post about a RxISK Prize, you are going to have to work with us to make this work. Your input can take several forms. The greatest need The biggest block to making the Prize work is the same block everyone suffering from [...]...»

### Launching the RxISK Prize

This Prize is part of a two-pronged attack on the unwillingness of the medical and regulatory establishments to listen to people with adverse events in general - not just the sexual dysfunctions mentioned here. The second front in the attack will be unveiled in a few weeks' time. The problem The idea for a RxISK [...]...»





Free resources to help you assess the connection between a drug and a side effect.

