



March 2018

Greetings!

Here's a recap of recent blog posts and other news.

Life expectancy in North America and Europe is falling for the first time since the nineteenth century. In the absence of any other explanation, the most likely reason has to be polypharmacy. More than five meds per day increases hospitalizations and shortens life spans. An increasing volume of evidence shows that deprescribing leads to fewer hospitalizations and increases life expectancy

This makes TaperMD not only timely, but life-saving.

In case you missed it, please have a look at our recent [TaperMD](#) project, which supports doctors in helping their older adult patients reduce their medication burden and improve their quality of life.

- Download the [Pause and Monitor white paper](#).
- Apply to be a [Beta tester](#).

Thank you for your support.

Your feedback, as always, is greatly appreciated.

A handwritten signature in black ink that reads "David". The signature is written in a cursive, slightly slanted style.

RxISK Blog

[Venus Not Rising](#)

Returning to the theme of the RxISK Prize... Reading the weekend newspaper, some months back, my eye was caught by a flame red haired women in a turquoise dress who said her occupation involved testing sex toys. The article was impossible to ignore and there was nothing for it but to contact Venus [...].»



[Five Minutes to Midnight](#)

See Taper MD In 2016 life expectancy in the United States fell for a second year in a row. This was the first time anything like this had happened apart from a brief flatlining for men around 1962 we now know was linked to tobacco use. In 1962 the Food and Drugs Administration (FDA) put [...].»

[Introducing Taper MD](#)

Do you think you or someone you love are on too many meds? Did you know that reducing your medication burden may be the single best thing you can do to improve your quality of life? Adverse drug events are now a leading cause of hospitalization, disability, and death, all at great human and financial cost. [...].»



David Healy's Blog

[If I find you ten just doctors...](#)

It's doubtful there was much that was unusual going on in Sodom and Gomorrah. Natural disasters and plagues were taken as signs that communities had sinned. But there is drama to the idea of Abraham asking

God to spare the cities if he can find 50 just men, and then 40, and then 20 [...]...»

[Listen doctor and you shall hear](#)

Listen my doctor and you shall hear Of the midnight ride of Paul Revere.... You know the rest. In the books you have read How the British regulars fired and fled, - How the farmers gave them ball for ball, From behind each fence and farmyard-wall, Chasing the red-coats down the lane, Then crossing the [...]...»

[Being the Right Peer](#)

Having previously completed a Masters in Psychology degree, a Diploma in Cognitive Behavioural Therapy and worked in the addiction fields for 8 years in the UK and Ireland, Martin worked as a 'Peer Support Specialist' for a year while in New Zealand. Due to his criticism of approaches in mental health and the damage he [...]...»

R_xisk
MAKING MEDICINES
SAFER FOR ALL OF US

Could it be my meds?

Free resources to help you assess the connection between a drug and a side effect.



